

# ACHAP-Afya project promoting exemplary Leadership Campaign



The ACHAP Afya has tasked VHTs and other community structures to Lead by example, a strategy that advocates for leadership by action ( starting with one's self), the project team developed a number of behaviours including the none negotiables that every structure under the program should have / adopt, these include, no home delivery, completion of at least 4ANC visits, attending post natal care and active male involvement for all the male spouse in the project. This is in addition to having an ideal home Stade ( a home with all the wash facilities in place (non-negotiable). With this role out strategy the project is seeing an increasing number of leaders with wash facilities and adaptation of recommended health practices as shared in the picture highlights.

ACHAP-AFYA PROJECT Contributing to Survival of Preterm/Low birth weight babies through Kangaroo Mother Care support in west Nile Uganda



Okudinia Rose, Mother of Mungua Faith from Eceko Village is a happy beneficiary of the KMC program. Delivered baby 2.1kgs, her baby now weighs 7.5 Kgs at 7 months. Exclusively breastfed baby, at 6 months introduced soft food, baby doing well. She is also a member of Mungufene MSG, where she has learnt a lot about FP, Nutrition, WASH in Arivu Sub-county Arua District. To date ACHAP-Afya Project has supported **25 preterm/lowbirth weight** Babies through Kangaroo Mother Care support.

## ACHAP-Afya VHTs contributing to increased ANC attendances in Bondo HCIII in Arivu subcounty Arua district



The VHT help desk was initiated by the ACHAP Afya project in year one of the project to support ensuring completion of referrals from the community. To date this initiative ceases to not only to support referrals but has become a remedy for low staff level and heavy work load for Health care workers in the facilities as the VHTs have taken up additional tasks to support the few health workers conduct their routine take , according to the Midwife in Bondo HC III, the VHTs are doing such a great work, they help them so much in reducing their work load as they now support taking weights, MRDT, Triaging clients, and provide health education. Below , Some of the highlights of the VHT support at the health facility

# ACHAP-Afya project Mother Support Groups increasing ANC, PNC & SBA and promoting optimal Exclusive Breast Feeding in west Nile region in Uganda



Draru Lucy, is a Lead Mother from Amedore Mother support Group , Logiri subcounty, Arua District. She testifies that with group engagement model initiated by AHAP Afya project, many mothers now attend at-least 4 ANC's, herself she attended 7 ANC visits She also noted that out of the 19 members in her group, 18 Delivered at HF. All mothers practice EBF for the 1<sup>st</sup> 6 months, Majority using Family planning, Homes are clean with Handwashing facilities, Rubbish pits, pit latrines, kitchen gardens etc.

ACHAP Afya project is looking beyond project implementation in itself a number of VHTs are putting to good use their little monthly stipend as show caused by Albert below



Adritia Albert a VHT from Awika Parish in Arivu subcounty Arua district has put to good use the monthly VHT stipend given to him by the project.

He has been able to cost share with the project by making bricks for his permanent house while used the project money to pay for labor. This rental house is located in Arivu trading Centre, which he intends to get money from to support his family.

*Several VHTs are using the facilitation to improve infrastructure, pay school fees, ensure they put up model homes etc.*

*Thanks to ACHAP-Afya Project!*